

HARLEM, NYC 33 WINEMAKER TYLER HARLTON 36 MUSEUM DINING 38







PHOTOS: BRADLEY HAWKS; COURTESY OF RED ROOSTER HARLEM; ZENITH RICHARDS



HARLEM **DINING GUIDE**

From classic soul food to Michelin-starred sushi and baked pastries, there's so much to savour in this New York City Uptown neighbourhood.



DINING GUIDE: HARLEM



SOUTHERN COMFORT FOOD MEETS **INTERNATIONAL FLAVOURS**

Stretching across a swath of Upper Manhattan, Harlem has long been a hub for music, literature and food. It's the fabled birthplace of fried chicken and waffles (first served up at Wells' in the late 1930s) and is the soul-food heart of New York City. But, just as the area's demographics have changed in recent years, so has its restaurant and bar scene. In addition to decades-old Southern cuisine icons like Amy Ruth's, spots by both big-name chefs and local gastronomes have cropped up, bringing an eclectic mix of Japanese, Italian and Spanish flavours to this increasingly diverse neighbourhood.





BEST IN BRUNCH

AMY RUTH'S

Fried chicken and waffles and down-home Southern classics are the stars at this Uptown legend, which opened in 1998.

THE GRANGE BAR AND **EATERY**

In a rustic-chic dining room, enjoy locavore comfort food like the pork belly Benedict and breakfast carbonara. Wash it down with a spicy ghost pepper infused Bloody Mary.

BLVD BISTRO

Here, Chef Carlos Swepson turns out favourites with finedining finesse. Try the shrimp and grits and banana-pecan buttermilk pancakes.



CHOPPED CHEESE AT HAJJI'S

This unassuming corner store goes by many names-Hajji's, Blue Sky Deli, Harlem Taste-but one thing remains the same: the sandwich known as the chopped cheese is said to have originated here. Even if they can't agree on an origin story (a spin on the Philly cheesesteak or an attempt to fit a cheeseburger onto a hero bun), locals flock here for the messy hero with griddled ground beef, melted American cheese, shredded lettuce, onions, ketchup and mavo.







Cocktails delivered in creative vessels are the focus at this spot in West Harlem's Hamilton Heights. Served in a light bulb, the Flower mixes Japanese barley vodka with lavender, elderflower and cranberry.



VINATERIA

.....'

With a stylish zinc-topped bar and communal tables, Vinateria matches its wine list of small Mediterranean producers with Italian- and Spanish-inspired fare such as bacalao croquettes and spicy veal meatballs.



EARL'S BEER AND CHEESE

For snobbery-free craft beers, head to this Spanish Harlem joint, which offers a rotating selection of brews (be sure to try the Finback IPA), along with the popular pork belly grilled cheese.

SIGNATURE EXPERIENCE **DINNER AND A SHOW**

Celeb chef Marcus Samuelsson gives soul food an elevated twist at Red Rooster Harlem, a lively restaurant decked out with local art. Try the Swedish meatballs with pickled vegetables and gravy or the blackened catfish. After dinner, head downstairs where Samuelsson has expanded his popular eatery, adding a softly lit subterranean lounge dubbed **Ginny's Supper Club**. Reminiscent of an old-school speakeasy, the club rotates through an eclectic musical lineup, with stylish bartenders pouring classic and original cocktails.



JUST DESSERTS

GLOBAL SWEETS IN ONE NEIGHBOURHOOD

Sample baked goods like Mexican conchas and almond-studded babkas at **Hot Bread Kitchen Almacen**, a non-profit bakery that trains native and foreign-born, low-income women to become professional bakers. Chocolate rugelach—a Jewish specialty—is the focus at Lee Lee's Baked Goods, founded by South Carolinaborn Alvin Lee Smalls, who started tweaking his now-famous recipe in the 1970s. At **Levain Bakery**, find hockey puck-sized cookies studded with chocolate chips and walnuts. —Patty Lee



RESTAURANT HIT LIST

Leave your meal in the hands of Michelin-starred fish whisperer Shinichi Inoue and be rewarded with exceptionally fresh edomae-style sushi steeped in Japanese tradition.

2

Cape Cod meets the Caribbean at this colourful seafood hangout, where you'll find island-inspired street eats like conch fritters and ierk ribs offered alongside steampots filled with your choice of crab legs, whole shrimp or crawfish.



Reservations here are one of the hottest tickets in town, thanks to the high-profile clientele and generous family-style servings of traditional Italian cooking. Can't get in? Take home a jar of the legendary red sauce from a local store.

+

GETTING THERE

WestJet flies to New York City from Toronto, and once a day to

FEED YOUR Wanderlust



Get WestJet Magazine delivered to your door. An inspiration-packed collection of stories about everything travel-related, from food and festivals to insider advice and bestkept secrets.



Subscribe now

westjetmagazine.com/subscribe

WESTJETMAGAZINE

WESTJET.COM | OCTOBER 2017 35 34 OCTOBER 2017 | WESTJETMAGAZINE.COM